



**Kelsey Salow, RD**  
Human Sciences Specialist, Food and Health

Delaware Co. Extension | PO Box 336 or 1417 N. Franklin Street,  
Manchester, IA 52057 • phone: 563.927.4201  
ksalow@iastate.edu • www.extension.iastate.edu/humansciences  
Serving Benton, Cedar, Clayton, Clinton, Delaware,  
Dubuque, Jackson, Jones, Linn, Muscatine and Scott counties

**Stay Hydrated This Summer**

Warm weather and outdoor activities mark the start of summer. High temperatures and humidity may increase your risk for dehydration. Dehydration, if left untreated is dangerous.

**Signs of Dehydration:**

- Feeling thirsty, and/or dry mouth and tongue
- Feeling tired, and/or weakness
- Headache, constipation and/or muscle cramps (later stages)

Try to drink water every 15-20 min when exercising, don't wait until you are thirsty! If you are exercising for more than a couple hours, sports drinks could be helpful to replace electrolytes. Otherwise, they are not necessary and contain added sugars.

**Simple Tips to Stay Hydrated:**

- Drinking 100% fruit or vegetable juices
- Using flavored water or fruit infused water
- Drinking dairy milk, soy milk, or almond milk
- Eating foods with high water content like: grapes, celery, cucumbers, watermelon, bell peppers, or tomatoes which are more than 90% water!

**Citrus Infused Water Recipe**

**Ingredients:**

½ orange, ½ lemon, ½ grapefruit,  
1 cup ice, cold water

**Instructions:**

1. Wash and slice fruit, add fruit to a two-quart pitcher
2. Gently press fruit with a spoon to release some of the juices
3. Add ice to the pitcher, then fill with cold water
4. Serve immediately or chill, covered in the refrigerator

**Safety Tip:** If you are taking your infused water on the go, make sure to drink it or discard within four hours to prevent bacteria growth. Avoid refilling the same pitcher; always start with clean equipment for new batches.

*Adapted from NEWS (Nutrition Education with Seniors) Newsletter, Iowa State University Extension and Outreach, June 2019 and the WOW (Words on Wellness) January 2019 Newsletter. To receive newsletters, contact Kelsey Salow, ksalow@iastate.edu*



**SUPPER CLUB MOTOR INN**

608-748-4687

3 miles N. of Iowa-Wisc. Bridge off Hwys 61 & 151 @ 1152 Badger Rd. Hazel Green, WI

**CLOSED SUNDAY AND MONDAY**  
TUES., WED., & THURS.: 4:30 - 8:00 P.M.  
FRI. & SAT.: 4:30 - 9:00 P.M.

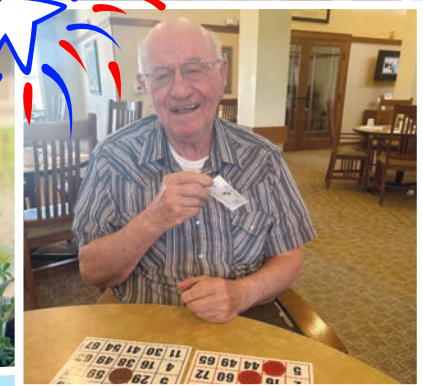
**Daily Specials**

- Tuesday: All You Can Eat Shrimp
- Wednesday: Broasted Chicken & BBQ Ribs
- Thursday: 1/4 or 1/2 Broasted Chicken
- Friday: All You Can Eat Pike
- Saturday: New York Strip (16oz)



Visit us on Facebook

**Assisted Living and Memory Care**



- 1 & 2 Bedroom Apartments
- All Utilities including Cable and wifi (except phone)
- Housekeeping and Laundry
- Medication Management
- Emergency Call System
- Breakfast, Lunch, & Dinner Served Daily
- Full-Time Registered Nurse
- 24-Hour Direct Care Staff
- Scheduled Transportation
- Garages & Valet Parking

Your Home...

Your Way...



RETIREMENT COMMUNITY

813 Tyler St. NE, Cascade, IA • 563.852.5001 • www.riverbendal.com

**Be sure to check the web site**  
**TheGoldenViewOnline.com**



*Happy Birthday*  
**AMERICA**



Remember to be safe while celebrating this July 4th ★

<p><b>Fast Freddy's</b> Karaoke - Thurs, Fri, Sat 3130 Jackson St. Dubuque, Iowa</p>	<p><b>Abbadent Dental &amp; Implants</b> 3430 Dodge, Suite 21, DBQ, IA 563-556-8388</p>	<p><b>Ken's Auto Body</b> 598 Central Avenue Dubuque, Iowa 563-557-4413</p>	<p><b>Dubuque Sewing &amp; Vacuum</b> 3430 Dodge - Inn Plaza Dubuque, Iowa 52003 563-588-1308</p>
<p><b>Paul's Tavern</b> 176 Locust Street, DBQ Best Burgers in Town 563-556-9944</p>	<p><b>A&amp;B Automotive Center</b> Key West Drive - Will Pick up &amp; drop off at your work 563-583-3575</p>	<p><b>The Calico Bean Market</b> Bulk Foods • Homemade Peanut Butter 352 Bluff St. 563-557-8159 www.calicobeanmarket.com</p>	<p><b>Monk's Kaffee Pub</b> 373 Bluff Street 563-585-0919 Organic coffee &amp; full bar</p>
<p><b>Refresh Dubuque</b> Food Juice Boba 1109 Iowa St., Dubuque Open Tues-Sat • 563-239-9142</p>	<p><b>The Golden View</b> The Community Paper For Active Adults 563-543-0640</p>	<p><b>Jack's Chicken Palace</b> 1107 University Ave. Dubuque, Iowa 52001 563-588-2003</p>	<p><b>Knicker's Saloon</b> 2186 Central • 563-557-0887 Serving the BEST Pizza and Burgers in Town!</p>

# Experience Dubuque's best senior independent living!

*Each non-smoking community has its own unique amenities offering one & two bedroom apartments for those 55 & older.*

  
**Applewood I & II**  
 SENIOR APARTMENTS  
 563-588-3693  
 3125 Pennsylvania Avenue  
 3175 Pennsylvania Avenue



**APARTMENTS NOW AVAILABLE!**  
 Heat/Water/Sewer/Trash Included  
 Close proximity to shopping, dining & entertainment needs.  
*\*income restrictions may apply, must be 55+*

  
**Applewood III**  
 SENIOR APARTMENTS  
 563-582-5334  
 3225 Pennsylvania Avenue



Heat/Water/Sewer/Trash Included  
 Underground Parking Included  
 Cat-Friendly  
*\*income restrictions may apply, must be 55+*

  
**Applewood IV**  
 SENIOR APARTMENTS  
 563-543-0916  
 3275 Pennsylvania Avenue



Heat/Water/Sewer/Trash Included  
 Underground Parking Included  
 In-Unit Washer & Dryer  
 Cat-Friendly  
*\*income restrictions may apply*

*Roosevelt West*  
**SENIOR APARTMENTS**  
 563-231-2580  
 1865 Radford Road



Heat/Water/Sewer/Trash Included  
 Underground Parking Included  
 In-Unit Washer & Dryer  
 Cat-Friendly  
*\*income restrictions may apply*

  
**THE WOODLANDS**  
 SENIOR APARTMENTS  
 563-582-9818  
 3460 Starlite Drive



**APARTMENTS NOW AVAILABLE!**  
 Heat/Water/Sewer/Trash Included  
 Convenient to shopping, dining & entertainment needs.  
 Cat-Friendly  
*\*no income restrictions*

[www.horizonapartmenthomes.com](http://www.horizonapartmenthomes.com)



## KOVELS® Antiques & Collecting

By Terry and Kim Kovel

### Eagle Symbolism

The Fourth of July is a time to display American symbols like stars and stripes; red, white and blue; Uncle Sam, Lady Liberty and, of course, the majestic eagle. The bald eagle became the national bird of the United States with the creation of the Great Seal in 1782. Eagle symbolism was already well established by then.

Eagles are sacred to many Native American nations. European colonists brought their own eagle symbolism to the Americas. Eagles were associated with the divine in mythological pantheons and appeared in heraldry. The eagle, "aquila" in Latin, was used as a standard by ancient Roman legions. "Aquila" is also the name of a prominent constellation in the summer skies of the Northern Hemisphere.

Eagles also appear in American folk art. This carved and painted wooden eagle, wings outstretched like the eagle on the Great Seal, sold for \$5,000 at Brunk Auctions. It is attributed to Wilhelm Schimmel, who emigrated from Germany to the United States in the late 19th century. Wandering around Pennsylvania, having run-ins with the law, doing odd jobs at farms and selling his wooden carvings, he was something of a folkloric figure himself.

**Q:** I'd like some information about Wallace Nutting and his work. One of his pictures has been in my family for over 50 years. The words "The Swimming Pool" are written below the picture on one side and it's signed "Wallace Nutting" on the other side. There are some stains, water spots and discoloration. It's in the original frame.

**A:** Wallace Nutting (1861-1941) was known for his colored pictures of New England landscapes and Colonial interiors. He also made

**An Uplifting Moment from Pg. 7**  
 through Pain and Suffering, "Suffering is unbearable if you aren't certain that God is for you and with you."

Let's reaffirm those ten words that changed Joni's view of suffering. "God permits what He hates to accomplish what He loves."



Kovels.com

*Folk art is an important part of American history. American symbols, especially eagles, are favorite subjects, like this wooden sculpture attributed to artist Wilhelm Schimmel.*

reproduction furniture and wrote several books. Nutting opened Wallace Nutting Art Prints in New York in 1904. He moved to Connecticut in 1905 and then to Framingham, Massachusetts, in 1912. Collectors call his pictures "prints," but they are hand-tinted photographs. Nutting took the photographs and his staff printed, colored, titled, signed and framed the pictures. Millions of copies were sold. There are over 10,000 different titles. Twelve of the pictures were reprinted by machine in the 1930s and early '40s. Some prints sell for \$10 to \$20, some for over \$100. If the picture is in poor condition, it will be hard to sell.

**TIP:** Don't frame a good print in a clip frame. There should be air space between the paper and the glass.

**CURRENT PRICES**  
 Textile, bunting, red, white and blue, five stripes, blue center stripe with five stars, two brass grommets, cotton, c. 1900, 39 x 58 inches, \$260.

Toy, train set, Canadian Pacific, locomotive, tender, passenger cars, track, transformer, tin lithograph, box, Marx, 14 x 16 inches, \$610.

Barber, chair, Congress, red velvet cushions, hydraulic pedestal, silver tone fittings, Koken, 44 1/2 x 26 x 45 inches, \$750.

Pottery, bowl, Hopi, turned-in rim, tapered base, migration pattern, black trim, signed, Fannie Nampeyo, 3 x 4 3/4 inches, \$805.

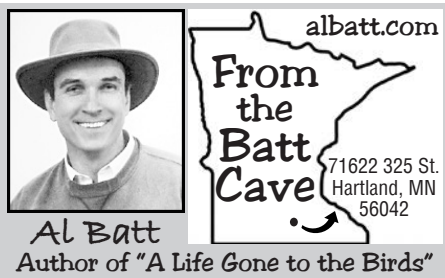
For more collecting news, tips and resources, visit [www.Kovels.com](http://www.Kovels.com)

© 2024 King Features Synd., Inc.

A scripture Steve Estes shared with Joni Eareckson Tada: "Though he [God] brings grief, he will show compassion, so great is his unfailing love. For he does not willingly bring affliction or grief to anyone" (Lamentations 3:32-33).

*Note: The article by Joni can be found at [www.desiringgod.org](http://www.desiringgod.org). Search "ten words" to access the article.*

**Advertising Pays  
 Call 563-543-0640  
 for Ad Rates**



**Air conditioning was something we had in the winter**

The AC guy was out to make sure our air was conditioned.

It reminded me that I should write something about air conditioning. I do so every couple of years to remind myself of how terrible I had it while growing up and how wonderful I had it while growing up.

I didn't grow up in the Dark Ages, but it was close.

I grew up in the Dim Ages. Things weren't as bright as they are today. Now, it's difficult to outdistance lights. Something is always shining, beaming, blinking or flashing.

We didn't have all the towering wind turbines with blinking red lights in the Dim Ages. We got our wind from farm windmills.

The Dim Ages were nearly bereft of air conditioning. There was barely any hair conditioning. When we were hot, we lived with it. We liked it or lumped it.

We had minor solutions. We gathered in shady places. I jumped into a cow tank. A visiting relative who lived in town wouldn't do that because the water contained cow spit.

I'd go to the frozen foods section of a local grocery store and peruse the packages of Birds Eye green peas and pearl onions, or succotash with luscious lima beans. I've never found shopping to be cooler than it was then. I'd gawk until guilt beckoned me to move along. It was challenging to be the lone person milling about.

That was back when driving a car was cool because vehicles were equipped with 4-40 air conditioning. You rolled down all four windows and drove 40 mph. Cars had floor vents that brought in a whoosh of air and varied smells. There were small triangular windows that opened in the corners just ahead of the side windows in the front seat. They provided helpful whistling. That whistle took one's mind off the heat.

The house was a problem. None of the windows could be rolled down and it wasn't easy to get the house up to 40 mph.

My bedroom was upstairs above the kitchen. The cookstove provided additional heat. Hot air rises and all that other scientific stuff.

There were humid days when it was possible to wring water out of the air after mopping it. Yet it wasn't the heat or the humidity. It was the heat and the humidity.

Screen windows replaced storm windows on the old farmhouse in the spring. It was essential to leave enough cracks to allow entry for bloodthirsty mosquitoes. On hot, muggy, stuffy nights, sleep was hard to corral. I'd toss and turn. Then I'd turn and toss. I'd spin my pillow, searching for the cold side. When I couldn't find a cold side, I'd hang a wet dishtowel on a window screen, hoping a gentle breeze would bring a breath of cooling air to my room.

If it became even more insufferable, my mother carried in a dishpan full of ice made in a metal tray in the refrigerator featuring three climate zones: Antarctica, warming and room temperature. She placed the dishpan on a chair near my bed and fired up a metal fan slightly larger than my room. The fan, kept in a cage, would frequently go berserk and attempt to escape. The fan blew the cold air rising from the melting ice in my direction. If I imagined I was in the company of Ernest Shackleton on the ship Endurance during his attempt to reach the South Pole, I felt cooled.

If it got worse, and it did, my mother wet the sheets on my bed, even though I was perfectly capable of wetting my own sheets.

Today's cars are refrigerators on wheels, and nearly every house has air conditioning. We don't sit outside as much as we used to in the summer, telling stories and watching the world go by while pressing a cool glass of lemonade or iced tea against our sweaty foreheads.

Life isn't perfect. It's not supposed to be. As unfair as it may sound, my push lawn mower isn't equipped with air conditioning.

Al Batt cont. Pg. 15

**DENTAL Insurance**

Great coverage for retirees.

Coverage for **cleanings, fillings, crowns** – even **dentures!** Get **dental insurance** from Physicians Mutual Insurance Company.



Get your **FREE** Information Kit

It's easy! Call today

**1-855-400-0218**

Dental50Plus.com/Golden

Product/features not available in all states. Contact us for complete details about this insurance solicitation. To find a network provider, go to [physiciansmutual.com/find-dentist](http://physiciansmutual.com/find-dentist). This specific offer not available in CO, NV, NY, VA - call 1-800-969-4781 or respond for a similar offer in your state. Certificate C254/B465, C250A/B438 (ID: C254ID; PA: C254PA); Insurance Policy P154/B469, P150/B439 (GA: P154GA; OK: P154OK; TN: P154TN). 6347

**Aging in Place?**

Consider an AmeriGlide stair lift to keep you safe on your stairs.

We provide affordable stair lifts to increase safety in your home and improve your quality of life while aging in place.

**Benefits of owning an AmeriGlide stair lift:**

- ✔ Eliminate the risk of falls.
- ✔ Enjoy a comfortable ride up and down all of your home.
- ✔ Enjoy comfortable, safe and easy access to all of your home.
- ✔ More affordable than options such as moving.



Custom-fitted to straight or curved staircases



Designed for indoor and / or outdoor use



Large inventory – for fast delivery and installation

**CALL TODAY! SAVE \$200**

**1-844-482-0456**

Get your **FREE, no obligation** quote in minutes!

**Why choose an AmeriGlide stair lift?**

- Easy to install – **no renovations needed!**
- Works even during a power outage!
- Slimmest stair lift in the market



**Brief Ads \$20 per month Call 563-543-0640 Three Months Paid in Advance**

**Mark's Auto Body, Dubuque, IA**  
 Specializing in low cost **RUST REPAIR** on any vehicle, **BIG & SMALL jobs**  
 Call to schedule a free estimate, **563-581-2350**

Holy Icons & Inspirational Gifts  
**KATHOLIKON.ART**  
 333 BLUFF STREET DUBUQUE IA (INSIDE BYZANTEAUM TEA SHOP)

**BURGER Shoe, Boot & Leather Repair**  
**RANDY BURGER**  
 1340 DELHI ST. • DUBUQUE, IA • 563-588-0846

**Heavy Duty Industrial Railing Without the Industrial Price**  
 • Feel safe with sturdy metal railings for Steps & Decks • Swimming Pool Fences • Metal Staircases • Driveway Gates • Aluminum & Stainless Steel Welding • Portable Welding Repair  
**SR Custom Metal Railing 563-252-3349**  
 Stan Rodamaker • [srcmrailings@alpinecom.net](mailto:srcmrailings@alpinecom.net) • [Web:srcmrailings.com](http://Web:srcmrailings.com)



**upside**

## Get an extra 25¢/gal cash back

The free Upside app earns you real cash back with your current credit or debit card.

Get the app and use code **print23**.

Offers vary by user and location. Terms and conditions apply. Go to Upside.com for details.

# Memories Passed On (As told to my grandson Maury)

by Jerry Eberhardt (1924-2017)

*The Best Of Jerry*  
originally published  
July 2015



**Jerry Eberhardt with grandson, Maury Cohn**

### Lower Pitcher's Mound Makes a Great Difference!

Maury, Grandpa hasn't "talked baseball" with you for a long time. Recently, I was thinking how the game has changed and one of the big reasons why. Then, I thought of sharing these thoughts with my "favorite reader" — YOU!

If you're running a mile, Maury, five inches mean nothing. But a five inch lower pitcher's mound in baseball makes a great difference! Grandpa will discuss why by relating current baseball history and then explain how the height of the pitcher's mound drastically affects the game today.

In 1969 major league baseball, in order to "get more offense in the game," decided to lower the pitcher's mound from 15" to 10". Their reasoning was that the "average" fan wanted more hits, home runs and more runs scored as opposed to "pitchers' battles." In other words, Maury, because they concluded a pitcher's advantage was too great they decided to help batters. Anyway, the result was many more home runs, more hits, typical scores being 11 to 9 and .250 hitters batting close to .300, etc. Before 1969 an elite small number of batters hit over .300. After the mound was lowered, they became comparatively more common. Home runs increased (partly due to "fences being closer" in the new ball parks), but mainly due to the lower mound. (Grandpa has to quickly insert his definite feeling on this... this is NOT how the game was

intended to be played!) Relying on the "long ball" detracts from the use of the bunt, hit and run attempts, base stealing, etc. and all the things that really make the game more exciting to any fan who truly understands and appreciates it.

Maury, to help you understand what it means to have every pitch coming towards a batter at a higher angle try hitting a ball dropped from a table right above you or imagine a baseball dropped vertically from sixty feet directly overhead and trying to hit it as it goes by you with a round bat! It would be a million to one shot! This is an exaggeration but the principle is very true.

No matter how fast or slow, how great a curve a pitcher has or hasn't, the same pitch coming towards a batter, coming down from an angle five inches higher, makes a tremendous difference as to the degree of difficulty in attempting to make contact!

Grandpa was far from a .300 hitter but if the mound would've been lower then, maybe my .222 batting average would've been somewhat higher!!!

Much love,  
Grandpa

*Time will explain it all. He is a talker and needs no questioning before he speaks.*  
—Euripides



**upside**

## Earn 8% cash back on groceries & dining

With your credit or debit card.

Get the free app and use code **print56** for a 10% bonus.

Offers vary by user and location. Terms and conditions apply. Go to Upside.com for details.



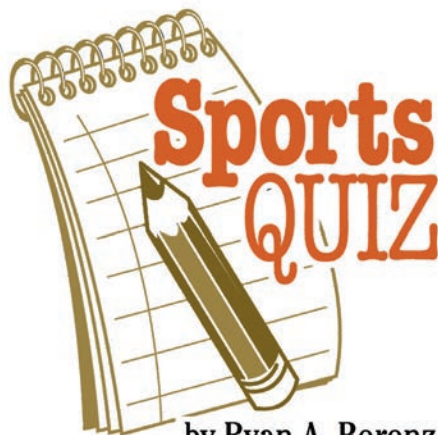
1. GEOGRAPHY: Which country's native name is Cymru?
2. HISTORY: Which country is the first to recognize same-sex marriage?
3. MOVIES: Who voices the character of Frozone in the animated movie "The Incredibles"?
4. FOOD & DRINK: What is the primary ingredient in baba ganoush?
5. LITERATURE: The movie "The Curious Case of Benjamin Button" is based on a short story written by which American author?
6. MEASUREMENTS: How many grams are in a pound?

7. GENERAL KNOWLEDGE: What cultural phenomenon is celebrated on May 4?
8. TELEVISION: Rhoda Morgenstern is a sidekick in which 1970s TV sitcom?
9. SCIENCE: What is the process called when iron is coated with zinc?
10. U.S. STATES: What is the only vowel that is NOT the first letter of a state?

### Answers

1. Wales.
2. The Netherlands.
3. Samuel L. Jackson.
4. Eggplant.
5. F. Scott Fitzgerald.
6. 454 grams.
7. "Star Wars" movies.
8. "The Mary Tyler Moore Show."
9. Galvanization.
10. E.

© 2024 King Features Synd., Inc.



by Ryan A. Berenz

1. For what college team did actor Tom Selleck play basketball from 1965-67?
2. What power-hitting member of the 1995 World Series champion Atlanta Braves was nicknamed "Crime Dog"?
3. Name the soccer great, nicknamed "The Hurricane," who scored in all six games (and twice in one game) en route to Brazil winning the 1970 FIFA World Cup.
4. What Pittsburgh Pirates pitcher threw a no-hitter on June 12, 1970, and later revealed

that he'd accomplished the feat while under the influence of LSD?

5. Who won more head-to-head matches in the epic tennis rivalry between Martina Navratilova and Chris Evert from 1973-88?
6. From 1997-2008, the Tampa Bay Buccaneers' Ronde Barber played against his twin brother, the New York Giants' Tiki Barber, a total of eight times. Who won more games in the series?
7. As of the 2022 Beijing Winter Games, who leads all U.S. women in Olympic medals won in alpine skiing with one gold (2006), two silver (2010), and one bronze (2014)?

### Answers

1. The USC Trojans.
2. Fred McGriff.
3. Jairzinho.
4. Dock Ellis.
5. Navratilova, 43-37.
6. Tiki Barber's Giants, 5-3.
7. Julia Manusso.

© 2024 King Features Syndicate, Inc.

# Plant Talk

by Ken Resch



## Be Adventurous! Try Hügelkultur!

No, that's not a typo in the title! Hügelkultur (hoo-gull-culture) is a fascinating German word that means "hill mound," it's a gardening practice that has its roots in the Middle Ages. As more gardeners embrace sustainable gardening, Hügelkultur emerges as a brilliant method of harnessing natural resources. If you have access to fallen trees, trimmed shrubbery, branches, and other organic matter, then Hügelkultur may be a concept worth exploring.

Getting started with a Hügelkultur raised bed is a simple and practical process. Imagine a large compost pile, and that's essentially a Hügelkultur garden. Select an open area about 4-6 feet wide and 8-12 feet long and begin by laying logs lengthwise within the chosen space. Opt for natural logs that are easy to handle, avoiding Black walnut due to its toxins. The logs can be freshly cut from a downed tree or, even better, already in a state of decomposition.

Pack the logs as tightly as possible to promote decomposition more effectively. Build the mound at least 2-3 feet high for a 4-foot-wide bed and even more for wider beds—also, layer branches in with the logs. When I built mine, I scoured my woodland for deadfall and gathered more than enough for a 4-by-8 bed.

As you build your base, add organic matter like leaves, grass clippings, spent soil, and manure so that open areas begin to fill. Keep layering with organic material as you diminish the size of the logs and branches. I "cheated" with my first Hügelkultur bed by containing it in a four by eight

raised metal container without a bottom. Still, traditional beds are narrowed as the pile gets higher. As you near the final height desired, add more soil, manure, and peat so you end up with a solid area for planting.

What makes a Hügelkultur bed better than traditional raised beds is that the decaying wood provides nutrients over a long period. A note of caution, though, because with a Hügelkultur bed, decomposition is slower, so nitrogen may be less available. Using grass clippings and manure solves the nitrogen problem. The only other significant downside is that Hügelkultur beds require more space.

The greatest advantage of Hügelkultur raised beds is the bountiful harvests they yield due to the nutrient-rich soil that is created over time. As the logs and branches decay, the addition of organic material continues to enrich the bed. Other benefits of using Hügelkultur include ease of construction, and the beds never require turning. Additionally, you can use readily available materials by simply picking up logs and branches, composting your organic waste in the bed, and reducing the need for watering as these beds retain moisture.

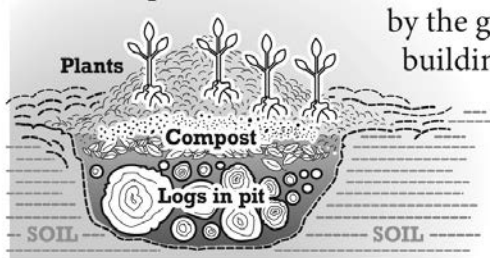
So, what do you plant in a Hügelkultur bed? Just about anything from vegetables to flowers to shrubs. There are a few constraints on what you might grow, including strawberries and fruiting shrubs like raspberries. Vining vegetables like cucumbers, zucchini, tomatoes, and pumpkins do well; you may choose not to trellis any of them.

If you're still uncertain about Hügelkultur, go to [www.vegega.com](http://www.vegega.com), where you will see a Hügelkultur bed built inside a metal containment, as I did on my first try. Just type in Hügelkultur and then click on the "images" tab. You will see many pictures of what a Hügelkultur raised bed "in the raw" looks like. If you've got a lot of logs, branches, twigs, and organic matter, give Hügelkultur a try.

## The Garden Bug

**Hugelkultur** is a traditional European gardening practice whereby fallen branches, logs and other woody debris are put into a **pit**, topped with **compost**, and covered with a **growing medium** into which a **garden** is planted.

The buried wood acts like a sponge for moisture as it decays, and also provides nutrients for the soil, which are tapped into



by the growing plants. The vertical building up of the pile maximizes space. This method dramatically reduces the need for irrigation.

- Brenda Weaver

Source: [permaculturenews.org](http://permaculturenews.org)

© 2024 by King Features Syndicate, Inc. World rights reserved.

### Al Batt from Pg. 13

Overall, my wife and I have an air-conditioned life.

It has our AC guy's seal

of approval.

But I still spin my pillow, hunting for the cold side.

©Al Batt 2024

# KIELER

## Church Dinner

Given by:  
Immaculate Conception Parish

AND Picnic

Thursday, JULY 4

Featuring... Chicken & Ham

Mashed Potatoes & Gravy, Corn & Coleslaw, Bun & Pie

Serving Carryouts ONLY with drive up available:  
meal served 11 a.m. to 4 p.m. \$16

Ample outdoor seating will be provided.  
Limited indoor seating will also be available.

---

Bingo & Other Games  
Refreshments & Music

FREE PARKING \*\* HELD RAIN OR SHINE

This Ad sponsored by:

	<p><b>Louisburg Junction Supper Club</b> 2061 Louisburg Road Cuba City, WI Ph.: (608) 744-3663</p>	
	<p><b>Clare Bank</b> 8 Locations in Southwest Wisconsin Kiel, WI 53812 Ph.: 608-568-3106</p>	
	<p><b>Haudenshield Funeral Home and Crematory</b> Cuba City, WI Ph.: 608-744-2400</p>	
	<p><b>Marshall Insurance Agency</b> 200 West Main Dickeyville, Wis Ph.: 608-568-7595</p>	
	<p><b>Guy's Truck and Tractor Service</b> 3405 County Road HHH • Kiel, WI <a href="http://www.guystruck.com">www.guystruck.com</a> Ph.: 608-568-3257</p>	
	<p><b>Royal Bank</b> 100 Splinter Avenue Dickeyville, WI Ph.: 608-568-3334</p>	
	<p><b>The Village Bar</b> 3410 County HHH Kiel, WI Ph.: 608-568-3004</p>	

Mix a little foolishness with your prudence; it's good to be silly at the right moment.

—Horace



1. Name the Beatles album that includes "I've Just Seen a Face," "You Won't See Me" and "Michelle."
2. Which duo released "The Closer I Get to You"?
3. Where did Thin Lizzy get their name?
4. Who was Stagger Lee in the song?
5. Name the song that contains this lyric: "I watched you die, I heard you cry every night in your sleep."

### Answers

1. "Rubber Soul," in 1965. It was

released with 14 songs in the U.K. and 10 in the U.S. with an additional two taken from another album.

2. Roberta Flack and Donny Hathaway in 1978. The song climbed the charts in the U.S. and was nominated for Best Vocal Performance by a Duo in 1979.

3. From a character in the 1937 comic "The Dandy," which had a character called Tim Lizzie, a gambler who killed Billy Lyons in 1895 during a card game in St. Louis.

4. "Stag" Lee Shelton was a robot maid.

5. "Because of You," by Kelly Clarkson in 2005. Clarkson wrote the song when she was a teenager in response to the pain of her parents' divorce. The accompanying video won Best Female Video at MTV's awards the next year.

© 2024 King Features Syndicate

# MONDAY NIGHT SPECIALS ARE ALL ABOUT THE 2s!

**BUFFET:  
2 BUFFETS FOR \$22**

**CARRYOUT:  
2 LARGE PIZZAS FOR \$22**  
CALL TO ORDER



\*Prices subject to change. Extra charges may apply.

EXPIRES 8/15/24 **Pizza Ranch** CODE 1275

**\$1 off an Adult Buffet**  
Limit 2

Valid at Dubuque location only. Some restrictions may apply. Not valid in combination with any other discounts or offerings including Senior and Military discount. Void if posted on a third party website. Price is subject to change without notice.

EXPIRES 8/15/24 **Pizza Ranch** CODE 60667

**8pc Chicken Box & Wedges for \$20**

Valid at Dubuque location only. Some restrictions apply. All white meat an extra charge. Prices subject to change without notice. Not valid with any other offer or online ordering. Delivery where available and charges may apply.

EXPIRES 8/15/24 **Pizza Ranch** CODE 1267

**Buy 1 Adult Buffet at Regular Price, Get 2nd Buffet for \$9.99**

Valid at Dubuque location only. Some restrictions may apply. Not valid in combination with any other discounts or offerings including Senior and Military discount. Void if posted on a third party website. Price is subject to change without notice.

**FUN ZONE**  
ARCADE

**Half Price Play at the FunZone!**  
All day Monday & Tuesday-Friday from 2-4pm

**DUBUQUE • 2020 RADFORD ROAD • 563-556-4488**



# Radio from the 20th Century

by Bill Zwack



"Hi Ho Silver" was a catch phrase during the golden days of radio that everyone who lived through those times were very aware of. I suppose even if you didn't live at that time, *The Lone Ranger* is somewhat known to most people due to the movie that came out several years ago starring Johnny Depp.

The radio program started in 1933 over station WXYZ Detroit with an actor by the name of George Seaton who in future years became a famous film director-producer. The role was then passed on to an actor by the name of Earle Graser who really brought the *Ranger* into popularity during the 30's. Unfortunately, in 1941 Graser was killed in a car accident. So what do the folks at WXYZ in Detroit do but choose an actor by the name of Brace Beemer.

Beemer began his radio career in Indianapolis in 1922 and then joined WXYZ in 1932. He played the masked rider until its last episode in September 1954 .

In all, there were 2,958 half hour programs. The lead character's distinctive voice, however, proved to be a handicap. Beemer was unable to get back

into radio because sponsors believed that his voice was identified too closely with *The Lone Ranger*. An adventurous boy, Beemer somehow enlisted in the Army in World War 1, then suffered wounds while serving in France with the famed "Rainbow Division." He was barely 14.

Earlier in his career he had been the narrator and Sergeant Preston on *Challenge of the Yukon* in 1941 and 1953-54. I heard a story recently that when Beemer went on personal appearances, the actor who played Tonto, John Todd, was a small stout former stage actor who looked nothing like an Indian. So apparently, the producer hired Jay Silverheels who was an Indian, to appear with Beemer at these appearances. Who would have thought that Silverheels would eventually play Tonto on the TV series.

AM 1370 KDTH's *Big Broadcast*, which is on Sunday nights from 6 to midnight, plays *The Lone Ranger* fairly regularly. So tune in and once again hear the thundering hoofbeats of the "Great Horse Silver" and hear "Hi Ho Silver" once again.

## Down Memory Lane

Exerpts From The Pages Of "The Avalon" A Newsletter Of The Dubuque Packing Company

Softball  
1953

Softball  
1953

### SOFTBALL

Our Dubuque Packers — defending champions in the Industrial League — have made an impressive start in the local softball loop with three wins to their credit in as many contests this season. Manager "Duke" Defendi has most of his veterans back in the lineup and ace pitcher "Rich" Miller is again heading the pitching staff. The Packers are again competing in the Indy loop and play most of their games at the new Rafferty Stadium. They are one of the favorites for the 1953 crown in the fast Industrial league.



**PACKERS** (above) Front Row: (left to right) Jim Welu, Bill Meyer, Buzzy Rupp, Richie Miller, Manager "Duke" Defendi, Maurie Conwell, Jerry Meyer. Back Row: Chuck Zillig, Clete Meyer, Maurie Reed, Emil Hoffman, Danny Keyes. Midge Delaney was not present for the picture.

Be sure to check the website: [TheGoldenViewOnline.com](http://TheGoldenViewOnline.com)



by Freddy Groves

**Accessible mental health care**

Veterans no longer have to pay the copays for the first three outpatient visits for mental health and substance use disorder care during each calendar year ... until the end of 2027. If any copays were paid going back to June 27, 2023, those costs will be reimbursed automatically.

There is a rule however: The outpatient appointment has to be with a mental health professional at the VA or someone in the VA's approved network of community providers.

For new patients at the VA, the waiting times for appointments have decreased over the past year with primary care falling 11% percent and mental health visit wait times coming down 7%. That's quite an accomplishment, since last year the VA provided over 116 million health care visits, which was 3

million more than the previous highest year. At the same time, over 400,000 veterans enrolled in health care in the past year, and the Crisis Line fielded over 1 million calls, up 15% over the previous year.

An important note: Any veteran in acute suicidal crisis can go to any health care facility for emergency care, whether it's a VA or non-VA facility. This rule has been in place since Jan. 17, 2023, but too many don't know about this option. The veteran is eligible for up to 30 days of inpatient care or up to 90 days of outpatient care. Being signed up in the VA health care system is not required, and there is no cost to the veteran, including for ambulance transportation.

There are a couple of rules to make sure the VA ends up paying for this care. The facility must be an emergency department at a full medical facility like a hospital. An urgent care facility doesn't count. The VA must be notified within 72 hours. Ideally, it's the facility that will call VA at 844-724-7842, but a friend or relative can call as well. See [www.va.gov/COMMUNITYCARE/providers/info-EmergencyCare.asp](http://www.va.gov/COMMUNITYCARE/providers/info-EmergencyCare.asp) for more information.

© 2024 King Features Synd., Inc.



Thursday evening, July 27, Donna Ulisse, Rick Stanley and Jerry Smiley, three Grammy Award Winning singer/songwriters will hold a concert at Ember's Coffee Shop in Strawberry Point.

**Backbone Bluegrass from Pg. 1**

porch and two different party rooms. Wednesday evening there is another free concert featuring Donna Ulisse, Rick Stanley and Jerry Smiley, three Grammy Award Winning singer/songwriters at J.A.K.E.'s in Strawberry Point. Thursday evening the same three singer/songwriters will hold a concert at Ember's Coffee Shop in Strawberry Point. After the free concerts there are pick-up jam sessions at various locations in Strawberry Point and at the bluegrass grounds south of Strawberry Point.

We take pride in the fact that our festival is affordable, diverse, family-friendly and handicapped accessible event held in a picturesque Northeast Iowa on a twenty-acre timber site that has been developed to include camping sites, a

permeant stage, shower houses and kitchen.

Enjoy shows by Donna Ulisse, Rick Stanley, Jerry Salley, and Special Consensus. Each are Grammy Award Nominees and Winners, and The Rick Faris Band, IBMA New Entertainer of the year and a Millennial Generation favorite. The remaining line-up is made up of top regional and local bands. Other bands performing are The Kenaston Family; Bluegrass Express; The Punches; The Mark Hembree Band; The Great Bluegrass Herons.

Ticket prices range from \$15.00 to \$55.00 with children under 12 years of age being free.

For more information look for our ad or visit us at [www.backbonebluegrass@windstream.net](http://www.backbonebluegrass@windstream.net) or call Linzy Martin 563-608-1056 or Vickie Peasy 218-393-9085.



www.backbonebluegrass.com

**BACKBONE Bluegrass FESTIVAL**

Strawberry Point, Iowa

The Last Full Weekend of July

**July 26, 27, 28**



**The Rick Farris Band**  
Friday Only



**The Special Consensus**  
Saturday Only

**Ulisse, Salley, & Stanley**  
Friday Only

**The Mark Hembree Band**  
Friday and Saturday

**The Punches**  
Saturday and Sunday

**The Kenaston Family**  
Friday, Saturday, and Sunday

**Great Bluegrass Herons**  
Friday, Saturday, and Sunday

**Bluegrass Express**  
Friday, Saturday, and Sunday


**ALL NIGHT JAMMING**  
**Saturday morning workshops:**  
Guitar, Banjo, Mandolin, Dobro, Fiddle, Upright Bass, Vocal Harmony, Instrument Repair and Setup, and Audio (sound and recording)


Jam Camp Bands will perform Friday evening, Sound by Nathan Gates Open Stage Saturday Bring Your Lawn Chairs – Camping Available on site MC: Hillbilly Gilly Sunday Morning Gospel Show

**Tickets Available at Gate**  
ticket pricing and showtimes listed online

[WWW.BACKBONEBLUEGRASS.COM](http://WWW.BACKBONEBLUEGRASS.COM)  
[WWW.STRAWBERRYJAMCAMP.COM](http://WWW.STRAWBERRYJAMCAMP.COM)  
[BACKBONEBLUEGRASS.WINDSTREAM.NET](http://BACKBONEBLUEGRASS.WINDSTREAM.NET)

Festival grounds are located at  
**1356 110th St., Strawberry Point, IA 52076**  
(southeast of Strawberry Point, 2 miles off Hwy 3 on W-69/Dundee Road)





**Derek Paulson, Assistant Fire Marshal**

Most of us know that water boils at 212 degrees Fahrenheit. Wood burns at 575 degrees and glass melts around 900 degrees Fahrenheit. According to the National Safety Council, sparklers can burn up to 2000 degrees Fahrenheit. We don't let our children and grandchildren put their hand inside a boiling pan of water yet every year around the 4th of July we hand them sparklers and let them run around the yard.

Thousands of people are taken to local emergency rooms due to fireworks-related injuries each year. In 2017, 8 people were killed due to fireworks-related mishaps according to the National Safety Council. Although the Dubuque Fire Department does not condone the use of fireworks for personal use, we understand that people will continue to use them. Here are some safety tips to help ensure you and your loved ones are as safe as possible when around fireworks.

Never allow young children to use fireworks of any kind, including sparklers. Sparklers have been known to cause third degree burns. When older

children are using fireworks, make sure they are under close supervision from a responsible adult. Never let an adult handle fireworks' if they are impaired by alcohol and/or drugs.

Only buy and use legal fireworks from a reputable seller. When using fireworks, the people handling them should be wearing protective eyewear, long-sleeved shirts and tighter fitting clothes to help prevent clothes from catching on fire. Always use fireworks away from other people, flammable or combustible materials and houses or other structures. According to the National Fire Protection Association, there is an average of 18,500 reported fires each year due to fireworks-related incidences.

Lastly, leave the fireworks to the professionals. Grab a chair, find a good spot to watch and just enjoy the show. This will guarantee that you and your loved ones will have a safe and enjoyable holiday.

If you have any questions or would like further information, I can be reached at 563-589-4195 or at [Dpaulson@cityofdubuque.org](mailto:Dpaulson@cityofdubuque.org).

**We Moved**

# EZSELLUSA

**Open in Downtown Galena**  
 201 North Commerce Street  
**Larger Consignment Resale Center**  
**eBay Consignment Sales**  
**ESTATES ANTIQUES TREASURES**  
 201 N. Commerce, Galena, IL      563-543-5201

## What's it WORTH on ebay

If you have an item and you would like to know what it is worth, send digital pictures with a brief description to paulhconnor@gmail.com, or make an appointment to visit me at 201 North Commerce Street, Galena, IL. Be sure to check out our website at www.ezsellusa.com.

### Too Many?

This is a story about “High Functioning Collector’s” (HFC) aka “Hoarder”. Many of us have developed a passion for collecting something. For me it has been “Rhino’s” which if you find me at EZ Sell USA someday ask me and I will fill in the details. For other’s collecting can run the gambit from Coins, Precious Moments, Collector Plates, Shoes, Purses, and the list could go on forever. The item I have chosen today to share with you falls into the purse/luggage category. I know more than one woman who falls into the HFC group when it comes to purses.



Patricia Nash, the brand epitomizes a blend of vintage aesthetics and contemporary fashion sensibilities, drawing inspiration from extensive travel experiences and the rich heritage of various cultures.

We recently sold a Patricia Nash hand tolled Italian leather carry on. Patricia Nash is a distinguished brand in the fashion industry, primarily recognized for its exceptional craftsmanship in leather accessories, particularly handbags. Established by

This bag was hand tooled with designs reminiscent of leather tooling from the late 1960’s. The bag was lightly used and was in good overall condition. We posted this on eBay and found a buyer willing to pay \$180.49 answering the question “What’s it worth on eBay?”

On-Demand Rides | Meals | Groceries | Home Services

With **GoGo**, you have a say:  
 Live and age **your way.**

**GoGo**  
 Get help with rides, groceries, meals, and more!  
 Memberships starting as low as **\$1 per day.**

Available 24/7 Nationwide:  
**1-844-899-4205**

## Contract Bridge

### WARNING: DANGER AHEAD

West dealer.

Both sides vulnerable.

**NORTH**

♠ —  
 ♥ A Q J 9 2  
 ♦ 9 8 4 2  
 ♣ Q 10 8 5

**WEST**

♠ K Q 10 6  
 ♥ 10 8 6 3  
 ♦ Q 10 6  
 ♣ K 2

**EAST**

♠ A J 9 8 5 4 2  
 ♥ 7 4  
 ♦ A J 3  
 ♣ 7

**SOUTH**

♠ 7 3  
 ♥ K 5  
 ♦ K 7 5  
 ♣ A J 9 6 4 3

The bidding:

West	North	East	South
Pass	Pass	1 ♠	2 ♣
3 ♠	4 ♠	5 ♠	Pass
Pass	6 ♣	Pass	Pass

Dble  
 Opening lead — king of spades.

There are no magic rules to guide one to the best opening lead, and occasionally the wrong choice will produce a disastrous result.

Consider this deal where South wound up in six clubs doubled. Perhaps East should have opened three spades, which might have shut the opponents out of bidding. Instead, he started with one spade, allowing North-South to find their club fit.

West’s spade lead was a dubious choice, as he should have realized that North’s four-

spade cuebid indicated a void in the suit and that a spade lead would therefore accomplish nothing. Whether West should have led a diamond or a heart is debatable — but his actual lead proved fatal.

Declarer ruffed the spade in dummy and led the queen of clubs, on which East followed low. South made a good guess by going up with the ace and leading five rounds of hearts, discarding all three of his diamonds in the process.

West ruffed the fifth heart, but by then the setting trick — East’s ace of diamonds — had already flown the coop. As a result, declarer made the slam and scored 1,660 points instead of going down one, which would have been his lot had West led a diamond originally.

Had it occurred to West that a spade lead was wrong, he might of course have misguessed and led a heart, in which case declarer would still have made the contract. But then again, West might have led a diamond and beaten the slam.

The bottom line is that since a spade lead did not figure to gain anything for his side, West should have dismissed it as a possibility and considered an alternative.

©2024 King Features Syndicate Inc.

## SENIOR NEWS LINE

by Matilda Charles

### Handling the rising cost of living

“There are only so many big box stores around here,” said an acquaintance as we sat around chatting with our group. The topic was finances and how seniors are scrambling to stay afloat (and stay fed). Hence the interest in taking on a part-time job, possibly as a door greeter somewhere. “It’s not like we’re suitable for stocking shelves,” she said. And we all nodded.

A recent AARP survey said that 70% of us are concerned about prices going up faster than our income. If there’s one thing we’re all getting good at, it’s math. Calculation of dollars in and dollars out are second nature now, and figuring out how many sandwiches can be made from various loaves of bread is easy math.

One of the group shared the result of the most recent survey of consumer finances by the Federal Reserve Board:

The average 70-year-old senior has \$60,000 tucked away in checking and savings accounts. We laughed, but in a sad way as we contemplated having that much cash to rely on.

But we weren’t laughing when one of the group shared that her landlord is trying to increase her monthly rent by \$300.

I did a poll of our little group, with the question being: How do we survive this constant rise in prices of everything?

The answers were varied. If you have a job and are thinking of retiring, keep working. Pay off all debts while you still have income, especially credit cards and cars.

If you’ve already retired, sign up for every assistance program you can, including help with utilities and rent. Use the food bank or Meals on Wheels; call about community meals at churches or SNAP benefits. Look into drug discounts, perhaps at GoodRx.

But the biggest suggestion was this: Try not to take Social Security until your full retirement age, which depends on your year of birth.

© 2024 King Features Synd., Inc.

by Steve Becker





**Serve up Mini Eggplant Pizzas the Italian Way**

One of the joys of raising kids is making new friends with others who are also raising kids. When my three children were preschoolers, I regularly met up with neighborhood moms at the bus stop in the morning or for ball games at the park and story time at the library. As the kids grew, so did our friendships.

Six of us still make a point of getting together throughout the seasons to celebrate our birthdays. One recent gathering was particularly memorable. Instead of meeting at a restaurant, we donned aprons in one of our kitchens and huddled around the center island for a cooking lesson taught by my neighbor Cristina Garrasi Mazzei, an energetic mom from Italy.

"To an American eye, Italy might seem the same with pasta and pizza wherever you go," she began. "But for food lovers, it's a country waiting to be discovered! Each region has its unique flavors and cooking techniques. For example, the taste of a simple ricotta cheese can vary from place to place," she explained.

As she shared her passion for Italian food, she emphasized that using fresh, seasonal ingredients is the key to tasty meals. That's when she showed us how to transform eggplant into a light side dish called pizzette di melanzane, which is common in the Comperia region where she is from.

Like a pizza minus the crust, these mini eggplant pizzas are tasty and versatile. Find Italy and the Comperia region on a map in your home, and have



PHOTO CREDIT: Donna Erickson

fun preparing this easy and authentic Italian recipe with your kids:

**Mini Eggplant Pizzas (Pizzette De Melanzane)**  
Makes 8-10 mini pizzas

- 1 large eggplant (about 1 pound)
- 3/4 cup tomato puree
- 4 cloves fresh garlic, chopped
- Salt to taste
- Dried oregano to taste
- 1 cup (or a 4-ounce bag) coarsely shredded mozzarella cheese
- Parmigiano Reggiano (optional)

Preheat oven to 400 F. An adult should cut the eggplant into 1/2-inch-thick rounds. Arrange them on a lightly oiled baking sheet.

Like constructing mini pizzas, let kids spoon the tomato puree over each round. Scatter the garlic and oregano, sprinkle salt to taste, and top with mozzarella. Add Parmigiano Reggiano if you wish.

Bake rounds in the oven for 25 minutes, or until mozzarella has melted completely and bubbles. Serve immediately as a light side dish with a summer pasta salad and other fresh vegetables.

As an alternative, Cristina suggests serving the mini pizzas cold in a sandwich.

**Cook's Note:** If your child is like her young daughter, omit the garlic until they develop a taste for it.

...

Donna Erickson creates relationships and community through food and fun. Find more to nourish and delight you at [www.donnaerickson.com](http://www.donnaerickson.com).

© 2024 Donna Erickson  
Distributed by King Features Synd.



**Cremer's Cooking Tips**

**Oven Baked St. Louis Ribs**

Preheat oven to 300°F. Remove membrane from the back of the ribs. Line a large baking sheet with aluminum foil. Season both sides of ribs generously with Big Rack dry rub. Turn the ribs meat side up on the foil. Fold the foil over, making sure to seal it tightly at the top. Place the baking sheet on the middle oven rack and bake for 3 hours. Remove the ribs

- 2 racks Cremer's St. Louis style ribs, thawed (approx. 7 lbs.)
- 1 bottle Big Rack Rub (dry rub available at Cremer's)
- Heavy duty aluminum foil
- 2 cups BBQ sauce (Cremer's BBQ sauce)

**CLIP & SAVE 10% OFF \$20 Purchase with this Coupon**

Stop in or call to talk about your agricultural **CROP INPUT NEEDS**

Spring Fertilizers, Seed & Chemicals, Net Wrap

**WHITE FRONT FEED & SEED**

Ask about our **CUSTOM LAWN CARE PROGRAM!**

Premium Pet Foods **PRO PAC** Taste of the Wild

All Natural Pet Treats

\*Must present coupon at time of purchase. Must have original coupon from paper (no copies). Exp. 07/31/24  
4290 Dodge Street, Dubuque, IA GV  
(563) 556-7575 • M-F 8am-5:30pm • Sat. 8am-1pm

**For Affordable Ad Rates, Call: 563-543-0640**

**Ohnward**  
FINE ARTS CENTER

Drew Art Gallery & Gift Shoppe • Kopel Theatre  
1215 East Platt St., Maquoketa, Iowa 52060

**Johnny Rodgers**  
Saturday, July 20, 2024 • 7PM

The History of Rock & Roll Buddy and Beyond From Branson to Las Vegas, Rock 'n' Roll showman Johnny Rodgers is in the business of bringing yesteryear's music and history of Rock 'n' Roll to life. This show is a crowd-favorite and appeals to just about everyone. Johnny is an outstanding musician, and can pull off guitar licks that would make Jimi Hendrix proud! That's why we say with Johnny Rodgers, you get "Buddy and Beyond!" This show covers the 50's, 60's and 70's. A proven crowd favorite that will have you begging for more.

Tickets: \$25 (in advance) \$28 (at the door).  
Students (18 & Under) Tickets: \$15 (in advance) \$18 (at the door)

**Gordy and Debbie**  
Saturday, August 17, 2024 • 7PM

Country Legends Show

Gordy & Debbie take you on a nostalgic musical journey in their Country Legends show as they bring the songs and the faces of who made them famous to life! This meticulously designed show is enhanced with video footage in each song they perform and perfectly synced with the music to create the illusion of the original artist that performed the song, only with Gordy & Debbie providing their amazing vocals live! Some of the videos even provide a storyboard of each artist's life, complete with pictures of the past and present, as well as tidbits of interesting information about the artist or the song! This show is pure country music and storytelling at its finest and it's even laced with a little humor and some great audience participation. Some of the Country Legends you will hear Gordy & Debbie perform are Hank Williams, Patsy Cline, Merle Haggard, Lynn Anderson, Conway Twitty, Loretta Lynn, Kenny Rogers, Dolly Parton, George Jones, Tammy Wynette, Johnny Cash, Tanya Tucker, Glenn Campbell, Anne Murray, Willie Nelson, Alan Jackson, Reba McEntire, plus many more! The show's grand finale culminates with a medley of three great country songs all meshed together with an all-star cast of country music's biggest stars from the past and present. This show will be an experience you won't soon forget!

Tickets: \$25 (in advance) \$28 (at the door).  
Students (18 & Under) Tickets: \$15 (in advance) \$18 (at the door)

Box Office Open 9 a.m. to 1 p.m. Phone: 563-652-9815  
Purchase Tickets online at [www.ohnwardfineartscenter.com](http://www.ohnwardfineartscenter.com)  
Tickets can also be purchased at Osterhaus Pharmacy and the Maquoketa State Bank Main Office.

**SOMETHING BETTER.** 731 RHOMBERG • (563) 583-6589  
TUE.-FRI. 11-5 • SAT. 9-3 • CLOSED SUN. & MON.

**Can't Beat Our Brats!**  
CREMER'S HOMEMADE LEAN BRATS  
ORIGINAL - CHEDDAR - 3 PEPPER AND BRAT PATTIES!!

**PARTY PLANNERS HEAT & EAT**  
ITALIAN BEEF • BBQ BEEF  
BBQ PULLED PORK • SLOPPY JOES

**DUBUQUE'S FAVORITE TURKEY & DRESSING**

2 LBS.	5 LBS.	15 LBS.
\$14.95	\$34.95	\$89.95

**RIBS - RIBS - RIBS**

PORK BACK RIBS	FROZEN	\$3.99 LB.
ST. LOUIS STYLE RIBS	FROZEN	\$4.49 LB.
PORK COUNTRY RIBS	FRESH	\$2.99 LB.

**GIFT CERTIFICATES AVAILABLE**

Delivery Now Available!

ABBYLAND NATURAL CASING OLD FASHIONED WEINERS 1.5 LB. PKG. \$10.99

CHEESE & SAUSAGE TRAYS AVAILABLE

CHEESE & SAUSAGE TRAYS AVAILABLE

from the oven, carefully open foil pack (it will be steamy hot, so be careful). Discard foil. Place the ribs on a clean sheet of foil and return to roasting pan. Brush ribs with BBQ sauce, if desired. Turn oven to broil (low) and broil ribs 4-5 minutes. Remove from oven and cut ribs and serve with additional BBQ sauce.

**MAGIC MAZE ● CLOSE TOGETHER**

U P M J G T D S A S X V S Q N  
 K I F S D A O C E X V T Q O M  
 J H S R E Y A L F L C A S Y W  
 U R P N L H P U G L G S E T T  
 J H F I D U C S S N K N N A W  
 B Z M X O V A T E C I T I E I  
 R A Q C O N E E I G M K D H N  
 F K I H A K F R D T A D R D S  
 B Z Y N C W B E D V S P A A T  
 R Q A I O N L D U K I H S E P  
 F B P D C Y V E B A Z X W D V

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally  
 Unlisted clue hint: IDENTICAL —

- |         |           |             |          |
|---------|-----------|-------------|----------|
| Bananas | Clustered | Layers      | Sardines |
| Bevy    | Couples   | Pages       | Shingles |
| Bricks  | Dead heat | Parking lot | Stitches |
| Buddies | Family    | Pickets     |          |

©2024 King Features Syndicate, Inc. All rights reserved.

**SUDOKU**

by Linda Thistle

	7	4			1	3		
5				4				2
		8	3					5
	5				6	8		
9			5					1
		7	2	1				6
	6	5	9					1
8					4			3
	4			2		7		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

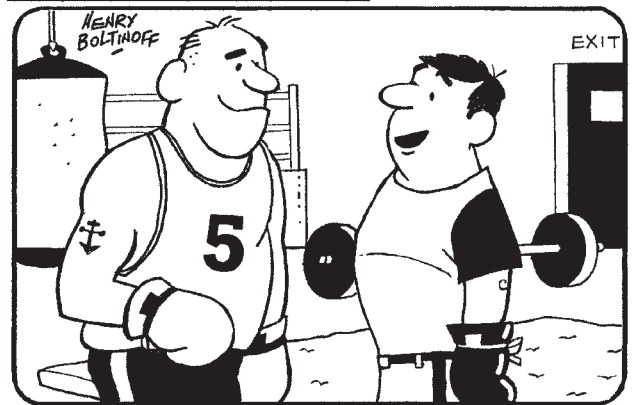
**DIFFICULTY THIS WEEK: ◆**

- ◆ Moderate ◆◆ Challenging  
 ◆◆◆ HOO BOY!

© 2024 King Features Synd., Inc.

**HOCUS-FOCUS**

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Door is larger. 2. Tattoo is moved. 3. Punching bag is missing. 4. Mat is taller. 5. Man is larger. 6. Middle rope is missing.

**BULLETIN BOARD**

Here's My Card

**"Skip" Breitbach Feeds Balltown, Iowa**

There can't be enough said about choosing quality lawn seeds and lawn fertilizers. Whether you are putting in a new lawn or improving your existing lawn, it's important to use the right seed for the job. Give your seed man a call and let me explain the options!

Phone: (563) 552-2393

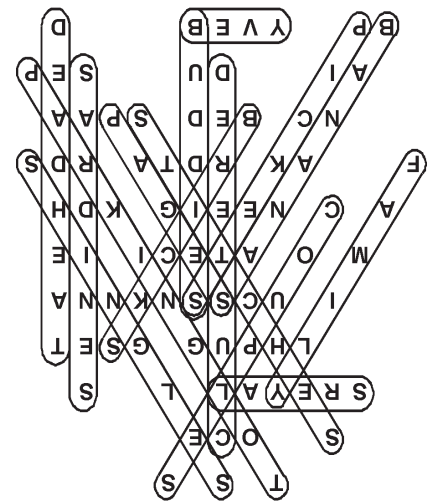
**BYZANTEAUM**



Loose Leaf Teas and Tea Ware

...a shop that inspires wellness...

Cable Car Square 333 Bluff Street, Dubuque IA  
 BYZANTEAUM.COM 563-321-3323



CLOSE TOGETHER

Go Figure! answers

5	=	24	=	23
2	+	4	+	8 = 14
	+		x	
7	+	5	+	9 = 21
	+		+	
3	-	1	+	6 = 8

— King Crossword —  
 Answers

Solution time: 23 mins.

E	A	R	L	P	H	O	H	T	T	P	
C	L	O	T	T	I	O	N	O	R	E	L
H	O	T	D	A	T	E	S	T	A	R	A
O	T	C	G	A	S	A	D	M	I	N	
				H	I	S	C	R	O		
P	E	R	O	N	W	E	I	G	H	T	S
I	G	O	T	P	A	L	B	O	O	T	
C	O	B	W	E	B	S	P	U	P	P	Y
				H	A	S	B	A	N		
P	U	G	E	T	R	E	D	T	I	A	
A	L	O	E	H	O	T	S	T	U	F	F
C	A	R	L	E	M	T	S	T	A	R	
O	N	E	S	H	A	Y	A	A	U	T	O

SUDOKU Answer

9	8	7	5	2	1	6	4	3
6								
8	6	9	2	7	6	4	5	3
5	3	8	2	1	4			
7	6	5	9	3	8	2	1	4
4	8	7	2	1	3	5	6	9
6	9	5	6	1	3	5	6	9
1	4	3	1	4	3	1	4	3
2	7	2	1	4	5			
1	5	3	4	9	6	8	7	2
6	9	8	3	7	2	1	4	5
5	3	1	8	4	9	6	2	7
2	7	4	6	5	1	3	9	8

**THE TECH CORNER**  
 WE REPAIR:  
 Computers  
 Cell Phones  
 Tablets  
 Electronics  
 Game Systems  
 (563) 556-5009 We Also Make House Calls!  
 TechCornerDBQ.com  
 Located in Kennedy Mall! 555 JFK Rd Ste 450, Dubuque, IA 52002

Call me today for a free home evaluation. When you work with me, **YOU** choose the commission.  
**SARA POST REALTY**  
 THE RIGHT MOVE  
 Local Real Estate Expert REALTOR® Licensed in IA & IL  
 HOW MUCH IS YOUR HOME Worth?  
 563-845-1583 sarapostrealty@gmail.com  
 EXIT REALTY UNLIMITED

563-852-7677  
 COLTEN VASKE 563-690-8747  
 RANDY VASKE 563-451-5804  
**THE BUTCHER BLOCK**  
 120 INDUSTRIAL ST., SE CASCADE, IA 52033  
 Custom Meat Processing

**Medicare can be complicated.**  
 A Farm Bureau agent makes it easy. Call me to find a Medicare supplement plan that's right for you.  
 AUTHORIZED INDEPENDENT AGENTS FOR  
**FARM BUREAU** Wellmark Iowa  
 Products available at Farm Bureau Financial Services  
 Ted Borelli 2625 John F Kennedy Rd, Dubuque, IA 563.583.7300 tedborelli.com  
 An authorized independent agent for Wellmark Blue Cross and Blue Shield of Iowa, an independent licensee of the Blue Cross and Blue Shield Association. W5018029 9/20

**PRECISION AUTO GLASS**  
 Full Service Auto Glass Repair & Replacement  
 Locally Owned & Operated  
 Over 100 Years Combined Experience  
 Serving SW Wisconsin  
 Shane Marti Kevin O'Brien  
 770 Cedar Cross Road Dubuque, IA 52003 (563) 845-0762 (563) 845-0010 Fax www.precisionautoglass.co

**ST MARY'S**  
 Affordable rents to qualified lower income senior citizens 62+ and persons with disabilities that meet federal income guidelines.  
 2955 Kaufmann Ave., Dubuque  
 Please call Tiffany for information & application 563-583-7678

**Stickelers Answer**

NUBIFORM = cloud  
 LUNIFORM = moon

CUNEIFORM = wedge  
 PENNIFORM = feather